



## Good Faith Estimate

**PUSHING  
BOUNDARIES  
MENTAL HEALTH**

Date of Good Faith Estimate: 01/01/2026

This estimate is for psychotherapy services through 12/31/26

### Brief explanation of estimate for new patients:

The estimate below is the [range of costs]/cost that is likely for most new patients. Until I do an initial evaluation and we start to work together, I will not have a clear picture of your specific diagnosis, issues and needs. I typically see therapy patients for 52 sessions for a total cost of \$150 – 210 per session. But in [some/many] cases a patient's issues may be more complicated, so we may need additional sessions during the time covered by this estimate.

**Brief explanation for continuing patients:** The estimate below is the [range of costs]/cost that I think is likely for your care over the time period covered by this estimate. However, depending on how treatment progresses, more or fewer sessions may be needed.

Contact: If you have questions about this estimate, please contact Austin Pohevitz, LPC at (602) 989-6966

### Details of the Estimate

The following is a detailed list of expected charges for psychological services scheduled for 2026. The estimated costs are valid for 12 months from the date of this Good Faith Estimate, unless I send you an updated Estimate.

Service	Diagnosis Code (once determined)	Service code	Quantity (# of sessions or units. Give number or range)	Cost per unit	Expected cost
Initial evaluation	[use ICD codes]	90791	1	\$200	\$200
Psychotherapy		90837 and/or 90834	52	\$150	\$7800
Psychotherapy + Golf (60 min)		90837 and/or 90834	52	\$210	\$10,920
Psychotherapy + Golf (90 min)		90837 and/or 90834	52	\$260	\$13,520

Total estimated cost: \$ 8,000 – 14,000

Address of office from which services will be provided: 2211 E. Highland Ave, Suite 215 Phoenix, AZ 85016

**Patient information:**

Patient name \_\_\_\_\_ DOB \_\_\_\_\_

**Disclaimer**

This Good Faith Estimate shows the costs of services that are reasonably expected for the expected services to address your mental health care needs. The estimate is based on the information known to [us/me] when [we/I] did the estimate.

The Good Faith Estimate does not include any unknown or unexpected costs that may arise during treatment. You could be charged more if complications or special circumstances occur. If this happens, federal law allows you to dispute (appeal) the bill.

**If you are billed for \$400 more (per provider) than this Good Faith Estimate (GFE), you have the right to dispute the bill**

You may contact the [psychologist/psychology practice] at the contact listed above to let them know the billed charges are at least \$400 higher than the GFE. You can ask them to update the bill to match the GFE, ask to negotiate the bill, or ask if there is financial assistance available.

You may also start a dispute resolution process with the U.S. Department of Health and Human Services (HHS). If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days (about 4 months) of the date on the original bill.

There is a \$25 fee to use the dispute process. If the agency reviewing your dispute agrees with you, you will have to pay the price on this GFE. If the agency disagrees with you and agrees with the health care provider or facility, you will have to pay the higher amount.

To learn more and get a form to start the process, go to:  
[www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call CMS at 1-800-985-3059.

For questions or more information about your right to a Good Faith Estimate or the dispute process, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call CMS at 1-800-985-3059 .

This GFE is not a contract. It does not obligate you to accept the services listed above.

**Keep a copy of this Good Faith Estimate (GFE) in a safe place or take pictures of it. You may need it if you are billed more than \$400 than the estimate provided above.**